## JOGGER (SOLD SEPARATELY)



Pull one of the "snap-lock" lock pins out so that the end piece of the jogger fork can be inserted in the aluminium frame of the cart. **NOTE:** Grooves for attaching the wheel should point downwards. Repeat on the other side.



The wheel is attached to the jogger fork after it is attached to the cart. Loosen the screw on the axle bolt of the wheel so that the wheel can easily be inserted in the grooves on the jogger fork.



If the rolling resistance of the wheel needs to be adjusted, this can normally be accomplished by loosening the nuts on each side of the wheel's axle bolt. See the picture. There are three nuts on each side of the wheel. The two inner nuts are loosened slightly, enough for the wheel to spin easily. Then "lock" the inner nut by tightening the outer of the two nuts against the inner nut.



If the direction of the jogger wheel needs adjusting, it can be accomplished using a wing nut on the jogger fork. Loosen the jogger wheel by opening the quick release and adjust as needed with the wing nut. Attach the quick release securely.



Remember to use the safety strap when pushing the cart.



Press the black button on the end of the axle bolt with your thumb. Insert the bolt in the frame.

Release the button as you push the wheel in until you hear the axle bolt clicking in place.



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Ensure that the tips on the "snap-lock" locking pins (red tip) are visible on the outside of the aluminium frame on the cart. This ensures that the jogger fork is securely attached to the cart.

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Always use the safety strap when the cart is used as a jogger.